



Keswick SCHOOL

EST. 1963



Our strength is our community

ESTABLISHED IN 1963, KESWICK SCHOOL HAS A NATIONAL REPUTATION OF EXCELLENCE IN PROVIDING A UNIQUE SETTING FOR ACADEMIC, SOCIAL, AND EMOTIONAL GROWTH OF ITS STUDENTS. OUR SMALL, THERAPEUTIC, BOARDING SCHOOL FOSTERS NURTURING RELATIONSHIPS, INTENSIVE CLINICAL INTERVENTIONS, AND AN INDIVIDUALIZED EDUCATION FOR 35 BOYS IN OUR HIGHLY STRUCTURED AND SAFE ENVIRONMENT. LOCATED IN KESWICK, VIRGINIA ON 25 PASTORAL ACRES, KESWICK SCHOOL IS JUST OUTSIDE OF CHARLOTTESVILLE, TWO HOURS FROM WASHINGTON, D.C., AND ONE HOUR FROM RICHMOND, VA.

ADMISSIONS

Keswick School accepts boys ages 9–15 at the time of enrollment who have a complex set of social, emotional, learning, and behavioral challenges. Our students commonly come to us struggling with organization and attention deficits, processing speed issues, anxiety and mood disorders, developmental delays, and learning compromises—and have low-average to superior intellectual abilities. Two years is the average length of stay at Keswick before moving to a less restrictive educational setting.



ACADEMICS

The Academic Center is home to a creative and innovative learning environment supported by a knowledgeable and compassionate staff. The five classrooms, grouped by grade level and developmental peer social groups, are taught by licensed special education teachers and supported by highly trained aides who provide enriching and differentiated instruction in an 8:2 or lower student/teacher ratio. In addition to core subjects, students have PE and an independent study period each day. All students participate in afternoon activities on a rotational basis including athletic activities and team sports (soccer and basketball), horseback riding, art, and woodworking.

Keswick School is a nonprofit school licensed by the Commonwealth of Virginia Department of Education and Department of Behavioral Health and Developmental Services. We are accredited by the Virginia Association of Independent Specialized Education Facilities (VAISEF), and are a member of the Small Boarding School Association (SBSA).

STUDENT LIFE

Keswick School has four dormitories with single and double room occupancy and an independent living program. Student life outside of the classroom consists of immersive small groups that allow for social and life-skill learning and practice. Residential activities are guided by staff to aid students in their skill development. A variety of activities and clubs are offered such as hiking, canoeing, fishing, cooking, mountain biking, rock climbing, gardening, and engineering projects. Our weekend activities include trips to local historical, cultural, and natural attractions. Students also learn the importance of giving back by serving their community through the Adopt-a-Highway Program, Habitat for Humanity, the Food Bank, and Canine Companions.



FAMILY INVOLVEMENT

The family work at Keswick is a major component for creating lasting change necessary in supporting each student's success. This includes weekly phone calls, bi-weekly family therapy sessions, parent workshops, parent retreat, and scheduled home visits. Keswick School follows a year-round boarding calendar with a required summer session. Scheduled breaks and home visits allow each student to work on specific skills in order to support his transition back into the home environment.



*“Keswick School helped my son find himself.
It was a key element in his journey that has led
to him having the retrospect of a successful life.”*

—KESWICK SCHOOL PARENT



THERAPEUTIC SUPPORT

Our clinical team consists of a Licensed Clinical Psychologist, a Licensed Family and Marriage Therapist, two Licensed Clinical Social Workers, and a consulting Child and Adolescent Psychiatrist. We use a relationship-based model and specific interventions based upon a comprehensive understanding of the underlying psychological processes for each student. Change occurs through immersion in a highly structured and predictable environment—catered to individual and group needs. Keswick School uses a broad clinical/developmental model that addresses all areas of individual, relational, and social functioning. Using carefully engineered task demands and contextual support ensures success that follows the objectives defined through our Social Emotional Curriculum.



SPECIALIZED PROGRAM COMPONENTS

- Speech Therapy
- Occupational Therapy
- Art Therapy
- Animal Assisted Therapy
- Drama Therapy



“The school has changed the trajectory of our son’s life and by extension the dynamic of our family. We will be forever grateful to the staff of Keswick School for the structure, love, dedication, and stability they have provided our son, and we are in constant awe of the grace and confidence with which they have done so.”

—KESWICK SCHOOL PARENT





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